



Top 5 Tools

1. REPRODUCIBLE MATERIALS

National Complete Streets Coalition: Fact Sheets

completestreets.org/complete-streets-fundamentals/factsheets

Safe Routes to School: Forms, Toolkit, and Lesson Plans

saferoutestoschool.org

America Walks: Walking Facts

americawalks.org/walking-facts

Fit City: Posters Encouraging People to Take the Stairs

fitcitychallenge.org/Content/m1/Worksite/PDF/stairwell_messages.pdf

Cycling Promotion Fund: Posters Promoting Bicycling

cyclingpromotion.com.au/content/view/270/147

Bike Parking Guidelines

apbp.org/resource/resmgr/publications/bicycle_parking_guidelines.pdf

Bike Safety Reproducibles: Customizable Pamphlets

activelivingresources.org/links4.php

activelivingresources.org/assets/bikesafety.pdf

Fact Sheets on Healthy Community Design

cdc.gov/nceh/publications/factsheets.htm#HCD

Posters

health.gov/paguidelines/posters.aspx and <http://www.health.gov/paguidelines/flyers.aspx>

2. MAPS

Walking and Biking Maps for Marin County

walkbikemarin.org/walking.php

Marin County Bicycle Coalition: The Marin Bicycle Map

marinbike.org/Map/Index.shtml

511.org: Bike Mapper

bicycling.511.org/bikemapper.htm

Bay Trail Maps

baytrail.abag.ca.gov/maps.html

Promoting Walking and Biking

TOOLKIT



3. WALKABILITY & BIKEABILITY AUDITS

Marin County Safe Routes Checklist

saferoutestoschools.org/pdfs/CheckList822.pdf

Local Government Commission: Streets Safe for Pedestrians

lgc.org/freepub/docs/community_design/fact_sheets/safety_and_health_english.pdf

Centers for Disease Control & Prevention: Worksite Audit Tool

cdc.gov/nccdphp/dnpa/hwi/toolkits/walkability/audit_tool.htm

Pedestrian and Bicycle Information Center

walkinginfo.org/problems/audits-general.cfm

walkinginfo.org/problems/audits-school.cfm

bicyclinginfo.org/problems/concerns.cfm#audits



After you complete a walkability or bikeability audit, be sure to contact your local public works department to share your findings!

4. ENCOURAGEMENT & INCENTIVE ACTIVITIES

Walk Bike Marin: Way to Go! Program

walkbikemarin.org/waytogo

Fit City Challenge: Worksite Physical Activity

fitcitychallenge.org/Worksite/ShowPhysicalActivity.aspx?ID=14

Transportation Authority of Marin: Safe Routes to School Education and Encouragement Program

tam.ca.gov/index.aspx?page=95

Fit City Challenge: Calorie Calculator

fitcitychallenge.org/Diet/CalorieBurner.aspx

County of Marin Public Works: Green Commute Program

co.marin.ca.us/depts/PW/Main/green_commuting.cfm

Money Savings Calculator

kiplinger.com/tools/bike

Promoting Walking and Biking

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5. POLICY & EDUCATIONAL MATERIALS

Policies to Improve Community Health

phlpnet.org

transformca.org

School Bicycling and Walking Policies

saferoutespartnership.org

Pedestrian Safety Education Curriculum for Children

portlandonline.com/transportation/index.cfm?c=40561&a=232840

Safe Routes for Kids: Bicycle Safety Program Curriculum

portlandonline.com/transportation/index.cfm?c=40561&a=235565

Host a Walkable Community Workshop

caphysicalactivity.org/wcw.html

Walk Bike Marin: Education and Outreach Programs

walkbikemarin.org/projects.php

Bicycle Safety Videos

peoplepoweredmovement.org/site/index.php/members/members4/

Annotated Bibliography of Research on the Built Environment

cdc.gov/nccdphp/dnpa/pdf/aces-workingpaper2.pdf

Active Living Research Reports

activelivingresearch.org



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